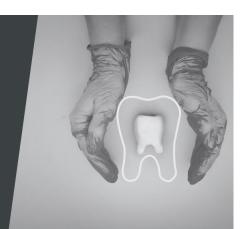


GUM TREATMENTS



4-Gum treatment

Gum treatment encompasses a variety of procedures aimed at improving gum health, addressing gum disease, and ensuring overall oral hygiene. The treatment you might need depends on the severity of gum issues. Here's a detailed look at common gum treatments:

Procedure

- 1. Scaling and Root Planning (SRP)
 - Scaling: The dentist or hygienist removes plaque and tartar from above and below the gum line.
 - Root Planning: The surfaces of the tooth roots are smoothed to remove bacteria and promote healing.

1. Gum Surgery

- Flap Surgery: Gum tissue is lifted away to clean deeper structures, and then the tissue is stitched back into place.
- Gum Grafting: Tissue is taken from another area (like the roof of your mouth) and grafted onto the affected area to cover exposed roots and restore gum tissue.

1. Laser Therapy

 Lasers are used to remove infected gum tissue and help in the healing process with minimal discomfort and bleeding.

1. Antibiotic Therapy

 Topical or oral antibiotics may be prescribed to control bacterial infections and reduce inflammation.

1. Maintenance Therapy

 Regular cleanings and checkups to monitor gum health and prevent recurrence of gum disease.

Recovery

1. Post-Procedure Care

- Scaling and Root Planning: You might experience mild discomfort and sensitivity. Over-the-counter pain relievers and a soft diet can help.
- Gum Surgery: Expect some swelling, discomfort, and possibly a soft diet for a few days. Follow your dentist's instructions for oral hygiene and medication.
- Laser Therapy: Generally, involves minimal recovery time. You
 might experience some sensitivity but can resume normal
 activities quickly.
- Gum Grafting: Recovery may take a few weeks. It's important to follow post-operative care instructions to ensure proper healing.

1. Oral Hygiene

 Maintain excellent oral hygiene to support healing and prevent complications. This includes brushing gently, flossing, and possibly using an antimicrobial mouthwash.

1. Follow-Up Visits

 Regular check-ups are crucial to ensure that the gums are healing properly and to monitor for any signs of recurring disease.

Benefits

- 1. **Improved Gum Health**: Treatment can reduce inflammation, bleeding, and gum recession, leading to healthier gums.
- 2. **Prevention of Tooth Loss**: Effective treatment can prevent advanced gum disease, which can lead to tooth loss.
- 3. **Reduced Sensitivity**: Procedures like gum grafting can cover exposed tooth roots, reducing sensitivity to hot or cold.
- 4. **Enhanced Oral Hygiene**: Cleaning procedures and regular maintenance can make it easier to maintain good oral hygiene.

- Risks
- 1. **Discomfort and Sensitivity**: Some procedures, especially surgeries and scaling, can cause temporary discomfort and sensitivity.
- 2. **Infection**: There's a risk of infection at the surgical site or from an antibiotic treatment.
- 3. **Gum Recession**: In rare cases, gum grafting might not fully resolve issues with gum recession, or the graft might not integrate well.
- 4. **Bleeding**: Surgical procedures can lead to bleeding, though this is usually manageable and temporary.