

D7-PLATYSMOTOMY

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Your desire is having a neck lift without scars. In the Brazilian Medical Center, Dr Romeu Fadul; a Brazilian certified doctor in plastic surgery, provides you the experience of neck lift without scars.

Platysmotomy is a surgical procedure that involves the incision and alteration of the platysma muscle, a thin layer of muscle that runs from the jawline down to the chest. This procedure is primarily performed to improve the appearance of the neck and lower face, particularly in cases of aging or sagging skin. Here's a comprehensive overview of platysmotomy, including its indications, benefits, procedure, recovery, and considerations.

Indications for Platysmotomy

- Aging
- Platysma Bands
- Cosmetic Enhancement
- Combined Procedures

Benefits of Platysmotomy

- **Improved Neck Contour**
- **Enhanced Jawline Definition**
- **Long-Lasting Results**

The Platysmotomy Procedure

1. Consultation:

- o A careful consultation with a board-certified plastic surgeon to discuss goals, medical history, and any concerns. The surgeon will evaluate the neck and jawline and recommend the best surgical approach.

2. Anesthesia:

- o The procedure is typically performed under local anesthesia with sedation or general anesthesia, depending on the complexity and patient preference.

3. Incision Placement:

- o Incisions are generally made under the chin or behind the ears to ensure minimal visibility and to access the platysma muscle.

4. Muscle Modification:

- o The surgeon will make the necessary adjustments to the platysma muscle, which may involve tightening, reattaching, or removing sections of the muscle to reduce the appearance of bands and tighten the neck.

5. Closure:

- o The incisions are closed with sutures, and the procedure typically takes about 1 to 2 hours.

Recovery After Platysmotomy

· **Initial Recovery:** Swelling, bruising, and discomfort are common in the first few days. Pain can usually be managed with prescribed medications.

· **Downtime:** Most patients can return to light activities within 1 to 2 weeks, but strenuous activities should be avoided for about 4 to 6 weeks.

· **Follow-Up Care:** Regular follow-up appointments with the surgeon are essential for monitoring healing and ensuring optimal results.

Risks and Considerations

· **Scarring:** While the surgeon aims to minimize visible scarring, some scars will remain, and their visibility can vary based on skin type and healing.

· **Complications:** Potential risks include infection, bleeding, asymmetry, and changes in sensation around the neck and jaw.

· **Nerve Damage:** Rarely, temporary or permanent nerve damage can occur, affecting sensation or movement.

