

# D14-NOSE JOB RHINOPLASTY



## D.14. NOSE JOB/RHINOPLASTY

Rhinoplasty, commonly known as a nose job, is a surgical procedure aimed at reshaping or reconstructing the nose for cosmetic or functional reasons. It can enhance the appearance of the nose, correct structural deformities, or improve breathing difficulties.

### Types of Rhinoplasty

- 1. Cosmetic Rhinoplasty:** Focuses on improving the appearance of the nose by altering its size, shape, or proportions.
- 2. Functional Rhinoplasty:** Aims to improve breathing by correcting structural issues such as a deviated septum or nasal obstructions.
- 3. Revision Rhinoplasty:** Performed to correct or improve the results of a previous rhinoplasty surgery.

### Procedure Overview

- **Consultation:** A careful consultation with a qualified plastic surgeon is crucial to discuss goals, medical history, and potential outcomes.
- **Anesthesia:** The procedure is typically performed

under general anesthesia.

· **Incision:** Incisions can be made either:

- **Open Rhinoplasty:** An external incision across the columella (the tissue between the nostrils) is used, allowing for better visibility and access.
- **Closed Rhinoplasty:** All incisions are made inside the nostrils, resulting in no visible scarring.

· **Nasal Reshaping:** The surgeon will reshape the bone and cartilage as needed to achieve the desired outcome. This may involve removing, adding, or rearranging nasal structures.

· **Closing the Incisions:** The incisions are closed with sutures, and a splint or packing may be placed inside or outside the nose to support it during healing.

## **Recovery**

· **Initial Recovery:** Patients can expect swelling, bruising, and some discomfort in the first week. Pain medication is typically prescribed.

· **Splint Removal:** A splint or packing may be removed after a week, but swelling can take several weeks to subside fully.

· **Activity Restrictions:** Strenuous activities, including exercise and heavy lifting, should be avoided for a few weeks.

## **Risks and Considerations**

- **Infection**
- **Scarring**
- **Breathing difficulties**
- **Changes in sensation**

## **Dissatisfaction with results**