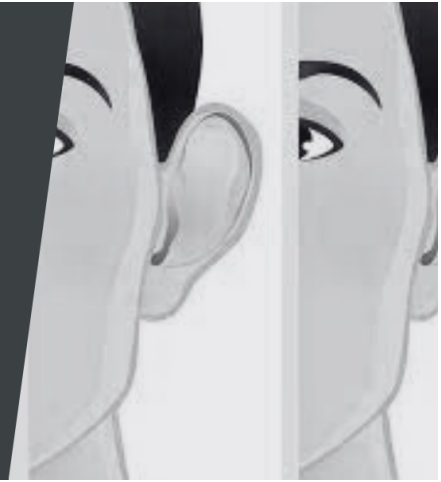


# D12-EAR SURGERY OTOPLASTY



## D.12. Ear Surgery /OTOPLASTY

**Otoplasty**, commonly referred to as **ear surgery**, is a cosmetic procedure designed to reshape or reposition the ears. It is typically performed to correct prominent or abnormally shaped ears, helping individuals achieve a more balanced and aesthetically pleasing appearance. Otoplasty can be performed on children and adults and is often sought by those who feel self-conscious about their ears. Here's a comprehensive overview of otoplasty, including its indications, procedure, benefits, recovery, and considerations.

### Indications for Otoplasty

- **Prominent Ears**
- **Asymmetry**
- **Congenital Deformities**

### Benefits of Otoplasty

- **Improved Appearance**
- **Permanent Results**
- **Minimal Scarring**

## The Otoplasty Procedure

### 1. Consultation:

- o A careful consultation with a qualified plastic surgeon to discuss goals, medical history, and any concerns. The surgeon will evaluate the ears and facial structure.

### 2. Anesthesia:

- o Otoplasty can be performed under general anesthesia.

### 3. Incisions:

- o The surgeon makes incisions behind the ear, where they are less visible. The exact technique used will depend on the desired outcome and the specific ear issues being addressed.

### 4. Reshaping the Ear:

- o The surgeon will reshape the cartilage of the ear, remove excess skin if necessary, and reposition the ear closer to the head. This may involve creating folds in the cartilage to achieve a natural appearance.

### 5. Closure:

- o The incisions are closed with sutures, and a dressing is applied to protect the area. The procedure usually takes about 1 to 2 hours.

## Recovery After Otoplasty

- **Initial Recovery:** Swelling, bruising, and discomfort are common for the first few days. Pain can usually be managed with prescribed medications.
- **Downtime:** Most patients can return to normal activities within a week, but physical activities and sports should be avoided for

several weeks to allow proper healing.

· **Dressing Care:** Patients may need to wear a headband or dressing over the ears for a period following surgery to protect them and maintain the new position.

· **Follow-Up:** Regular follow-up appointments with the surgeon are essential for monitoring healing and addressing any concerns.

### **Risks and Considerations**

- **Scarring**
- **Asymmetry**
- **Infection**
- **Ear Shape Changes**

