

C4-BREAST IMPLANT REVISION



C.4 Breast Implant Revision

Breast implant revision is a surgical procedure aimed at correcting or improving the results of a previous breast augmentation surgery. Women may seek breast implant revision for various reasons, including complications, dissatisfaction with the aesthetic results, or changes in their personal preferences or body over time. Here's a comprehensive overview of breast implant revision, including indications, benefits, procedure, recovery, and considerations.

Indications for Breast Implant Revision

1. Complications:

- **Capsular Contracture:** A condition where the scar tissue that forms around the implant tightens, causing pain and distortion.
- **Implant Rupture or Deflation:** When the implant

leaks or breaks, leading to changes in breast shape and size.

◦ **Infection:** An infection can occur post-surgery, necessitating the removal or replacement of the implant.

2. Aesthetic Concerns:

◦ **Size Change:** Desire for larger or smaller implants than originally chosen.

◦ **Shape or Position:** Changes in breast shape or implant position over time, leading to asymmetry or dissatisfaction with appearance.

◦ **Breast Sagging:** Natural aging or weight changes may cause the breasts to sag, which may require a lift along with implant revision.

3. Lifestyle Changes

Benefits of Breast Implant Revision

- **Improved Aesthetics**
- **Relief from Discomfort**
- **Personal Satisfaction**

The Breast Implant Revision Procedure

1. Consultation:

◦ **A careful consultation with a Brazilian board-certified plastic surgeon to discuss goals, medical history, and any concerns. The surgeon will evaluate the current implants and**

recommend the best surgical approach.

2. Anesthesia:

o **The procedure is typically performed under general anesthesia.**

3. Incision Placement:

o **Incisions may be made in the same locations as the original surgery (e.g., inframammary fold, periareolar, or transaxillary) to minimize additional scarring.**

4. Implant Removal and Replacement:

o **The surgeon will remove the existing implants, address any complications (such as removing scar tissue), and insert new implants as desired. If the patient is changing implant sizes or types, the surgeon will take the time to ensure a proper fit and position.**

5. Closure:

o **The incisions are closed with sutures, and the procedure typically takes about 1 to 3 hours, depending on the complexity of the revision.**

Recovery After Breast Implant Revision:

· **Initial Recovery: Swelling, bruising, and discomfort are common in the first few days. Pain can usually be managed with prescribed medications.**

· **Downtime: Most patients can return to light activities within a week, but strenuous activities and heavy lifting should be avoided for about 8 to 12 weeks, the patient should refrain from sleeping on the abdomen or the side for 3 months after the procedure.**

· **Follow-Up Care: Regular follow-up appointments with the surgeon are essential for monitoring healing and**

ensuring optimal results.

Risks and Considerations

- Scarring:** While the surgeon aims to minimize visible scarring, some scars may remain, and their visibility can vary based on skin type and healing.
- Complications:** Potential risks include infection, bleeding, asymmetry, changes in sensation, and the possibility of requiring additional revision surgery.
- Expectation Management:** It's essential to have realistic expectations about the outcomes of the revision procedure, as results may vary.

