

A3-BUTTOCKS ENHANCEMENT IMPLANTS



A.3 Buttock Enhancement/IMPLANTS.

Buttock enhancement implant, also known as gluteal augmentation, is a surgical procedure under general anesthesia used to improve the volume, shape and contour of the buttocks using silicone implants that are placed inside the tissue muscle of the buttocks.

In the Brazilian Medical Center, we provide our patients one of the best German brand implants named POLYTECH but also SEBBIN, a well-known French brand.

Indications for Buttock Implants

- **Desire for Increased Size**
- **Asymmetry**
- **Lack of Volume**

Benefits of Buttock Implants

- **Enhanced Contour**
- **Durable Results**
- **Improved Body Proportions**

The Buttock Implant Procedure

1. Consultation:

o A careful consultation with a board-certified plastic surgeon to discuss goals, medical history, and any concerns. The surgeon will evaluate the body to determine the most suitable approach.

2. Anesthesia:

o The procedure is typically performed under general anesthesia.

3. Incision Placement:

o The surgeon will make incisions, usually in the natural crease of the buttocks to minimize visible scarring; Intergluteal Cleavage (Between the Buttocks).

4. Implant Placement:

o The surgeon will create a pocket for the implants, placing them inside the gluteus maximus muscle, depending on the desired outcome and implant type.

5. Closure:

o The incisions are closed with sutures, and the procedure typically takes about 2 to 3 hours.

Recovery After Buttock Implants

· **Initial Recovery:** Swelling, bruising, and discomfort are common in the first few days. Pain can usually be managed with prescribed medications.

· **Downtime:** Patients may need to take time off work and refrain from sitting directly on the buttocks for 3 to 4 weeks to promote healing.

· **Activity Restrictions:** Light activities can usually be resumed after a week, but strenuous activities, heavy lifting, and sitting for

prolonged periods should be avoided for about 8 to 12 weeks.

· Follow-Up Care: Regular follow-up appointments with the surgeon are essential for monitoring healing, wound dressing and ensuring optimal results.

Risks and Considerations

· Scarring: Although efforts are made to minimize visible scarring, some scarring will remain from the incisions.

· Implant Complications: Risks include infection, bleeding, and complications related to the implants, such as shifting or rupture.

· Changes in Sensation: Temporary or permanent changes in sensation may occur in the treated area.

· Asymmetry: There is a risk of uneven results, though experienced surgeons strive for symmetry.

· Longevity of Results: While buttock implants can provide long-lasting results, weight fluctuations, aging, and other factors can affect their appearance over time.